

# 2019 Alta Vista Walk-a-thon

Registration/Check in begins at 8:30 a.m.

Plan to come early and stay late. This community event is fun for the whole family. Bring lawn chairs, blankets, umbrellas for shade, sunscreen and join your children and their teachers.

### Tips for Fundraising:

- Fundraise (solicit sponsors) in-person with an adult during daylight hours or online using the Walk-a-Thon website.
- Explain that this is a fundraiser for Alta Vista Elementary School.
- Sponsors may pledge "per lap" or a "flat donation" if you register online only. If you solicit sponsors in-person, you must collect a "flat donation" only.
- Please make every effort to collect money at the time you are soliciting the donation. We will take donations before, during, and after the Walk-a-Thon.
- You may bring any collected money to the Registration table the day of the Walk-a-Thon OR as collected to the 'Walk-a-Thon Pledge Box' located in the school office. (Please label donations with Student's Name, Teacher, and Grade.)

### Tips for the Walk-a-Thon:

- Dress in layers – it can be cool in the morning and warm in the afternoon.
- Wear comfortable shoes with socks to avoid blisters.
- Apply sunscreen before the event and reapply throughout the day.
- Hydrate before the event and take water breaks throughout the day...safety first!

If you have any questions regarding registration or just general walkathon questions, please contact Kassie Gray at [kassiemgray@gmail.com](mailto:kassiemgray@gmail.com)

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## Alta Vista Walk-a-Thon Permission Slip

Walkers Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_ Home Phone: \_\_\_\_\_

I give my permission as parent/guardian for the above child to participate in the Alta Vista Walk-a-Thon sponsored by the Home & School Club. I understand that AVHSC and Alta Vista School are not responsible for the supervision of my child(ren) during the event. All children MUST HAVE AN ADULT ON THE PREMISES while they are walking. I realize that this activity is voluntary and not part of the Union School District program. I acknowledge that I understand and assume all risk of bodily injury to my child(ren). Children may not ride bicycles or scooters on campus during the Walk-a-Thon event as this poses a safety hazard. I understand that my child(ren) is/are expected to follow the course rules and will be disqualified from prizes should they engage in dishonest conduct such as cutting corners or lap padding. I also acknowledge that photographs or videos may be made of the event and grant Alta Vista Home & School Club specific permission to reproduce, publish, and use any and all such photographs or videos for school purposes.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I have read Walk-a-Thon tips and agree to allow my child to participate.

Remember to bring this signed permission slip, and sponsor sheet to Registration!  
(\*If you did not register online by midnight the Wednesday before Walk-a-Thon)